

Q2. Fill in the blanks: [3×1=3]

- (a) _____ implies that every citizen of our country respects the ancient culture and heritage of Bharat.
- (b) The moon orbits the Earth once every _____ days.
- (c) _____ clean the air, bring rain and bind the soil.

Q3. Write True/False: [3×1=3]

- (a) When you are mindful you are careful and cautious.
- (b) When seen from space, the Earth appears green in colour.
- (c) Water is polluted as rivers are choked with garbage.

Q4. Think and Write:[3×2=6]

- (a) Vegetarianism is a more sustainable lifestyle. How?
- (b) What is the difference in the impacts of rotation and revolution of the Earth?
- (c) The ecosystem in a village is different from the ecosystem of a city. How?

Q5. Answer the following questions: [2×2=4]

- (a) What are the benefits of *dhyana*? List any two.
- (b) What is mindful health?
- (c) List the divisions of the Earth.
- (d) What is a landfill?