### **BHARTIYA SHIKSHA BOARD**

# Module Paper - I<sup>st</sup> Term EVS - Class 5 Session 2025-26

Time: 1 Hour Max Marks: 20

**Instructions:** 

- Read the questions carefully
- 10 minutes extra time is allowed to read this question paper. During this time, students will read the question paper only and not write the answer.
- This questions paper contains 5 questions.
- All questions are mandatory to attempt.
- Q.no. 1 carry 4 marks.
- Q.no. 2 and 3 carry 3 marks.
- Q.no. 4 carry 4 marks.
- Q.no. **5** carry **6** marks

### Q1. Answer the following questions:

1x4= 4 Marks

- (a) Name any two Sanskars that can help you become a better and disciplined student.
- (b) Name the nutrients that provide energy to our body.
- (c) What do you mean by land fill? Why is it harmful, if not manages well?
- (d) What is the purpose of Annaprashan Sanskara?

#### Q2. Write True/False:

1x3 = 3 Marks

- (a) For a healthy mind and body, we Should sleep at least seven hours a day.
- (b) Air pollution is one of the main causes, leading to climate change.
- (c) We should avoid eating local and organic foods.

### Q3. Choose the correct option:

1x3 = 3 Marks

- (a) The Karma and Kama means:
  - (i) Righteousness

(ii) Work and Pleasure

(iii) Wealth

(iv) Salvation

(b) The Moon completes one orbit around the Earth once every:

(i) 27 days

(ii) 28 days

(iii) 29 days

(iv) 30 days

- (c) Which of the following items should we recycle to reduce waste?
  - (i) Electronic wires

(ii) Paper

(iii) Metal and Plastic waste

(iv) All of above

### Q4. Use the help box and fill in the blanks:

1x4 = 4 Marks

## PEACE, BRAIN, CRUST, MOON

(a)	he send message to the body part to work properly.
(b)	The thinnest and coldest layer of the Earth is called
(c)	The is the natural satellite of the Earth.
(d)	is a word we can chant or feel to stay calm and mindful

### Q5. Think and Write:

2x3= 6 Marks

- (a) Do you think Sanskars are important in today's modern world. Justify your answer with examples.
- (b) If we stop recycling, what changes are expected around us in 10 years?
- (c) Why is eating local and seasonal food better for us and the planet?